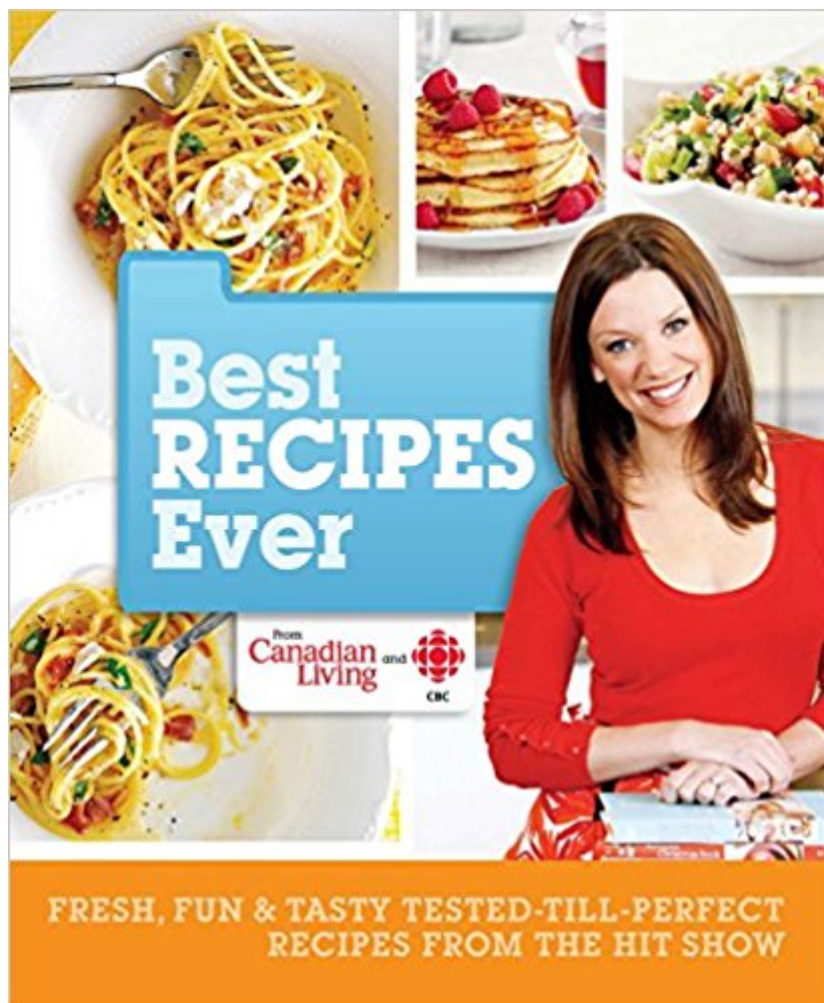


The book was found

Best Recipes Ever From Canadian Living And CBC: Fresh, Fun & Tasty Tested-Till-Perfect Recipes From The Hit Show



Synopsis

Catch up with Kary Osmond, the host of CBC Television's show *Best Recipes Ever* as she explores Canadian Living Magazine's recipe library and cooks up mealtime solutions for busy home cooks. For 35 years, Canadian Living has been developing creative meal solutions for Canadian families. Whether you're entertaining or eating a family meal on Wednesday night, the Test Kitchen has meal solutions that taste great and are easy on the cook. This collection showcases all of the recipes featured in the show's first and second seasons. Peppered with helpful tips and friendly advice, it gives readers the tools they need to make delicious, low-fuss meals at home for any occasion.

- Tested-till-perfect recipes
- Recipes for every course, from appetizers to desserts
- Written for home cooks, with a focus on clarity for easy, no-stress preparation
- Canadian sources, products and typical home-cooking techniques
- Inspiring full-colour photos
- Recipes reflect Canadian multiculturalism, with a broad spectrum of dishes inspired by different groups and traditions
- Full nutrient analysis of each recipe
- Added-value from cover to cover: full index, family-friendly recipes, plenty of tips and helpful advice
- Reputation of The Canadian Living Test Kitchen's food experts

Book Information

Series: Canadian Living

Paperback: 952 pages

Publisher: Juniper Publishing (March 15, 2011)

Language: English

ISBN-10: 0981393845

ISBN-13: 978-0981393841

Product Dimensions: 8 x 0.9 x 10 inches

Shipping Weight: 2.5 pounds (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (6 customer reviews)

Best Sellers Rank: #1,481,743 in Books (See Top 100 in Books) #97 in [Books > Cookbooks, Food & Wine > Regional & International > Canadian](#) #3573 in [Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy](#)

Customer Reviews

The Canadian Living Test Kitchen combines the talents and expertise of Canada's top food specialists in the country's largest media test kitchen. These specialists research, develop, test and retest recipes to make your cooking life easier and more pleasurable.

Cranberry Flax Muffins These muffins are filled to the brim with dried fruit and flaxseeds. If cranberry isn't your fruit, switch it up by using dried cherries or chopped dried apricots instead.

1 cup (250 mL) flaxseeds
 1 cup (250 mL) all-purpose flour
 1 cup (250 mL) whole wheat flour
 1 cup (250 mL) natural bran
 1 tbsp (15 mL) baking powder
 1 tsp (5 mL) each baking soda and cinnamon
 1 tsp (2 mL) salt
 2 eggs
 1 1/2 cups (375 mL) buttermilk
 1 cup (250 mL) packed brown sugar
 1/4 cup (75 mL) vegetable oil
 1 1/2 cups (375 mL) dried cranberries

Set aside 2 tbsp (30 mL) of the flaxseeds. In food processor, finely grind remaining flaxseeds; transfer to large bowl. Add all-purpose and whole wheat flours, bran, baking powder, baking soda, cinnamon and salt; whisk to combine. Whisk together eggs, buttermilk, sugar and oil; pour over dry ingredients. Sprinkle with cranberries; stir just until combined. Spoon into 12 greased or paper-lined muffin cups; sprinkle with reserved flaxseeds. Bake in 375° F (190° C) oven until tops are firm to the touch, about 20 minutes. Let cool in pan on rack for 5 minutes. Transfer to rack; let cool completely. Makes 12 muffins. Per muffin: about 338 cal, 8 g pro, 12 g total fat (1 g sat. fat), 54 g carb, 7 g fibre, 32 mg chol, 315 mg sodium. % RDI: 12% calcium, 25% iron, 2% vit A, 5% vit C, 29% folate.

[Download to continue reading...](#)

Best Recipes Ever from Canadian Living and CBC: Fresh, Fun & Tasty Tested-Till-Perfect Recipes From the Hit Show Easy Canadian Cookbook: Authentic Canadian Cooking (Canada, Canadian Recipes, Canadian Cookbook, Canadian Cooking, Canadian Food Book 1) The Complete Cook's Country TV Show Cookbook Season 8: Every Recipe, Every Ingredient Testing, Every Equipment Rating from the Hit TV Show Write Till You're Hard: The Best Guide To Writing Erotica Ever Kief Preston's Time-Tested FASTEST Edibles Cookbook: Quick Medical Marijuana Recipes - 30 Minutes or Less (The Kief Preston's Time-Tested Edibles Cookbook Series) (Volume 2) Best Green Eats Ever: Delicious Recipes for Nutrient-Rich Leafy Greens, High in Antioxidants and More (Best Ever) Top 30 Proven and Tested HUNGARIAN Recipes For Every Member of The Family: Tried and Guaranteed To Work Top Class, Most-Wanted And Delicious Hungarian Recipes You Will Never Ever Forget Fresh Happy Tasty: An Adventure in 100 Recipes Best Green Drinks Ever: Boost Your Juice with Protein, Antioxidants and More (Best Ever) "Then Wayne Said to Mario. . .": The Best Stanley Cup Stories Ever Told (Best Sports Stories Ever Told) Cheesemaking: How to Make Fresh Cheeses Box Set: Recipes for Making and Recipes Using Fresh Ricotta, Mozzarella, Mascarpone, Cream Cheese, Feta, Brie and Camembert Paired with Wine The Perfect Passover Cookbook: Family-Tested Recipes for Matzoh Ball Soup, Kugel, Haroset, and More, Plus 25 Desserts Wedding Dresses - A Picture Guide Book For Wedding Dress and Gown Inspirations: A

Picture-Perfect Guide To Selecting The Perfect Wedding Gown Is The Perfect ... For Brides-To-Be
(Weddings by Sam Siv 7) Mason Jar Christmas Gift Recipes: Holiday Gifts That Are Interesting,
Fun, and Tasty (The Home Life Series Book 19) Shake, Stir, Pour-Fresh Homegrown Cocktails:
Make Syrups, Mixers, Infused Spirits, and Bitters with Farm-Fresh Ingredients-50 Original Recipes
Humphrey's Book of Fun Fun Fun The Flower Gardener's Bible: Time-Tested Techniques, Creative
Designs, and Perfect Plants for Colorful Gardens Microphone Wars : A History of Triumph and
Betrayal at CBC Midnight Cab: 8 Full Cast Productions (Unabridged 4 Cassette Edition, CBC Radio)
The City of Words (CBC Massey Lecture)

[Dmca](#)